



TBC CHRONICLE

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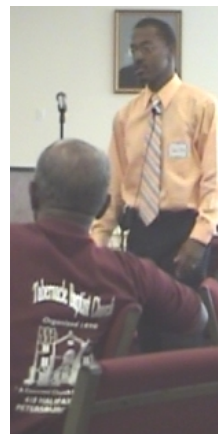
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MEN'S DAY 2008



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"Brothers in Christ Charting a New Course"

Tabernacle Men on the Move – 2008

The year of 2008 has brought much excitement to our Men's Ministry at Tabernacle. Though the year is only half gone, however, the lord has blessed us exceedingly beyond the previous year. No doubt, God is doing a new thing for this great ministry and we are excited about sharing the good news.

Our outreach programs continue to be as much a blessing to us as it is to those receiving the support from our ministry. We give God the honor and glory for the outstanding work our men did for the CARES battered women's shelter (earlier this year) in preparation for the Center's 25th Anniversary. We are happy to learn the Center not only passed inspection but the Director said it's the best it has looked during his tenure.

We thank the lord for the success our men had with the booth we set up at the Petersburg Library Annual Festival on the weekend of 30 May 08. The proceeds allowed us to help sponsor one of Tabernacle's very own (youths) to the National Championship Wrestling Tournament in Kansas City, Kansas. Also, proceeds will be used to help sponsor for the second year an intercity youth (from the Petersburg High School) to attend the Paul Webb's Basketball Team Camp; at Virginia Commonwealth University July 16th to July 19th. But more importantly, our very presence there allowed us the opportunity to witness and minister to those that wanted to know all about the Men's Ministry.

Our blessings were further magnified with the tremendous success of the Tabernacle Annual Fathers Day/Men's Day program that culminated in a host of weekend activities on 14 and 15 June 2008. This year's program was especially eventful as the Men's Ministry worked in concert with our Boys 2 Men Mentoring Group to sponsor a youth workshop called the "Movement". Guest churches throughout the Tri-City and Richmond area were in attendance at the Saturday Workshop.

Again, we give God the honor and praise for the wonderful things he is doing for our ministry. We solicit your prayers as we pursue our adopted theme "Brothers in Christ Charting a New Course."

"Behold how good and how pleasant it is for brethren to dwell together in unity" Psalms 133:1



"Brothers in Christ Charting a New Course"

TBC Deaconess Ministry



On March 2, 2008 the Deaconess Ministry celebrated it's 40th Anniversary with Reverend Pamela F.Cooper as the speaker for the 11am service. They also celebrated the occasion with a play that afternoon entitled "Put on the Whole Armor of God" with the Deacons participating. It was truly a joyous time in the Lord.



April 6, 2008 an ordination/consecration service was held adding five new deaconesses and one deacon to work in God's vineyard. They are Sisters Tracie Elliott, Debra Hill, Janice Jones, Shauna Mayo and Laurie Turner. Brother Larry Turner was ordained as our new deacon. May God continue to bless these ministries to serve his people

TBC Deacon & Deaconess Ordination





TBC Senior Missionary Ministry



Sister Alease Tatum



Sister Janet Giles



Left to Right: Sister Carrie Nedrick, Sister Debra Harris,
Sister Nancy Crocker and Sister Bernice Williams
Seated: Sister Marion Dabney



Sister Emma Quarles

TBC Senior Missionaries

The missionaries are active with giving baskets of food at Thanksgiving, visiting the Sick and Shut In at home and in the nursing homes, and serving missions local and overseas. The most recent project was working with our stateside correspondent, Sister Lula Cofield in sending school supplies to Trinidad.

If you are interested in joining the TBC Senior Missionaries, please contact the church office or any missionary member.

Senior Citizens Day and Revival

Submitted by Loretta Owens, Senior's Ministry

"Once Was Young, Now Am Elderly, Still Richly Blessed" was the theme for the 2008 Senior Citizens Observance.

On Sunday, May 18th Rev. Arlester Newsome, former pastor of Big Bethel Baptist Church, McKenney, Virginia, was the guest speaker during the 11 o'clock worship service. A senior revival was held on Monday, May 19, 2008 from 11am to 12 noon with Rev. Andrew J. White, pastor of Union Baptist Church, Prince George, Virginia and Zion Baptist Church, Petersburg, Virginia as the guest speaker. A special choir consisting of senior members under the direction of Sister Carolyn Taylor rendered the music for both services. Door prizes were given as well as other tokens after which lunch was served.

This 2008 Senior Citizens Day and Revival was enjoyed by all!

Words of Appreciation

Submitted by Deacon George Crocker, Chairman Senior Ministry

The Tabernacle Baptist Church and the Senior Ministry wishes to take this opportunity to thank one of our members, Carla Owens.

Carla is employed with Wal-Mart Distribution and has been very instrumental in our ministry receiving \$3,250.00 in grants from Wal-Mart. These grants have enabled the ministry to extend our services to the seniors in the community. Thank you Carla, for submitting the proper paper work and showing love for your church.

We wish you God's speed in your employment.

Gathering Together To Fellowship

Submitted by Gretchen T. Parker

On Saturday morning, May 31, 2008, the Baptist Adult Fellowship Ministry sponsored a breakfast for the senior citizens at the Golden Corral.

- Greetings were given by the Past President Juanita Thorne. Sharon Jackson read the scripture and Deacon George Crocker led the prayer. Hilarious moments were shared by the seniors when Gertrude Miller recited a poem entitled "**I Miss My Mind**".
- After breakfast/fellowship, several seniors expressed thanks and appreciation to the BAF members for sponsoring such an enjoyable event and reflections were given by those seniors who desired to do so.
- Door prizes were awarded by committee members Barbara Douglas, Joyce Hughes, Gertrude Miller and Juanita Thorne followed with remarks given by President Damaris Johnson.

The Baptist Adult Fellowship Ministry continues to provide meaningful and enjoyable activities for the senior citizens who are "**Our Heroes and the Wind Beneath Our Wings**".



As temperatures across the state soar, the Virginia Department of Health (VDH) urges residents to take precautions against heat-related illnesses.

- Drink plenty of fluids – 2-4 glasses of cool fluids each hour. If you're on a fluid-restricted diet or diuretics or on a low-salt diet, ask your doctor.
- Keep cool indoors. If you can, stay in an air-conditioned area. Shower or take a cool bath. Consider a trip to the mall, a local library or a friend with air-conditioning. At temperatures in the high 90's or above, a fan may not prevent heat-related illness.
- Plan outdoor activities around the heat. If you must go outside, go before noon or at night when it's cooler. Resting frequently when you are outside will give your body a chance to recover from the heat.
- Avoid sunburn and wear light clothing. Use sunscreen with a higher SPF. Lighter weight clothing that is loose fitting and light-colored is more comfortable during extreme temperatures. Use a hat to keep the head cool.
- Do not keep children or pets in cars with windows rolled up, even partially. Temperatures inside a car with windows up can reach over 150 degrees quickly, resulting in heat stroke and death.
- Use the "buddy system" if you're working outside. If you're working outside and suffer a heat-related illness, you could become confused or could lose consciousness.
- People at greatest risk of getting sick from the heat are babies and children to age four, people 65 and older, people who are overweight, people who are already sick or on certain medicines, and people who overexert themselves by work or exercise.

Several heat-related health conditions can cause serious health problems. The ones to watch out for are:

- Heat Stroke—When the body can't control its temperature anymore because of high external temperatures, the internal temperature rises quickly, sweating stops and the body is unable to cool down. Death or permanent disability can result without emergency treatment.
- Heat Exhaustion—When the body loses too much water and salt from sweating due to the high external temperature, heat exhaustion can result. People who work outside, who have high blood pressure or who are elderly are most at risk. A fast, weak pulse, paleness, muscle cramps, dizziness and headache are among the symptoms.
- Heat Cramps—When people sweat profusely during physical activity, painful muscle cramps can result as the body depletes its salt and fluid. Muscle cramps in the stomach, legs or arms are symptoms. If they occur during swimming, the results can be dangerous.

For more information on extreme heat and heat-related illness, visit <http://www.bt.cdc.gov/disasters/extremeheat>.

Women's Day 2008 was celebrated on May 4th. Our theme for the occasion:
Sisters rooted in the Spirit; One Lord, One Faith, One Baptism. Scripture: Ephesians 4: 4-6.

Guest ministers were Rev. Tracy Quick, co-pastor of Living Word Ministries, Colonial Heights and Rev. Kim White, Associate Minister at Good Shepherd Baptist, Petersburg.

Our women's day choir was composed of over 70 women under the leadership of Bro. Shelton Smith. The ladies looked beautiful as they were adorned in pastel colors and they sang to the glory of the most high God. The Women's Day committee consisted of Deaconess Tracie Elliott, Deaconess Debra Hill, Deaconess Janice Jones, Deaconess Shauna Mayo and Deaconess Laurie Turner.



The Ushers Ministry

-Submitted by Rosa Carlyle

May 17, 2008 - On a beautiful, but windy, Saturday afternoon, Ettrick Park was the pristine setting for the 1st Annual Ushers Ministry Picnic.

The event, organized by Ushers Shauna Mayo and Janet Branch and their committee members (Ushers Vanessa Crocker & Ernestine Moore) was enjoyed by many. Thirty-five ushers, family and friends attended the picnic and there was plenty of food, fellowship and fun experienced by all. As an added treat, all attendee's names were put into a drawing, and as the afternoon progressed, selected participants were given door prizes.

This ministry 'first' has been considered a great success and we look forward to our next successful endeavor. We'd like to thank everyone that participated and look forward to seeing new faces at our next event!

For more information on the Ushers Ministry and/or to become a participating member of our Ministry, join us the first Tuesday of each month, except July, at 7 pm in the CLC, Room 108 **or** contact Usher Rosa Carlyle, Vice President, at rmbcarlyle@hotmail.com



Left to Right: Ushers Shauna Mayo, Joyce Scott (Youth Advisor), Vanessa Crocker and Jackie Rose: Slicing cake for everyone to enjoy as we prepare to clean-up.



Left to Right: Youth Ushers Justin Scott, Christine Slaughter and Brian Scott: Enjoying a moment of conversation. . . and the good food!

Good Works

- ❖ The Mass Choir is seeking new members, especially sopranos. Rehearsals are held on Tuesdays at 7:30 pm
- ❖ The male chorus is seeking new members. Rehearsal will be held on second and third Fridays at 7:30 pm
- ❖ Children's Church is seeking volunteers
- ❖ The Healthcare Ministry is seeking new members. A medical background is helpful but not mandatory. Training is available.

"AND YOU YOURSELF MUST BE AN EXAMPLE TO THEM BY DOING GOOD WORKS OF EVERY KIND. LET EVERYTHING YOU DO REFLECT THE INTEGRITY AND SERIOUSNESS OF YOUR TEACHING." TITUS 2: 7 (NLT)

"Bridging the Gap for the Next Generation"

In an effort to bless the Kingdom of God, the Youth Ministry seeks support in its division of Psalms 150. All are charged with the task of providing a financial gift to the youth ministry in the amount of your Psalm. For example, if you choose Psalm 55, you will submit \$55 for this effort. Youth will not be assigned a Psalm above 30. This event will continue through July 31 during youth revival. If you have any questions, please see Rev. Bridget Wilson

**"I can do all things
through Christ
which strengtheneth me."
-Phillippians 4:13**

Please email your newsletter submissions to:
Mrs. Raymon Bessix at Bessix@comcast.net.

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A Concerned Church for All People